In Situ Exsolution of Noble-Metal Nanoparticles on Perovskites as Enhanced Peroxidase Mimics for Bioanalysis

Xiaoqian Jiang, Xiaoyu Wang, Anqi Lin, and Hui Wei*

ABSTRACT: Various transition-metal oxide (TMO)-based nanomaterials have been explored as peroxidase mimics. However, the moderate peroxidase-like activity of TMOs limited their widespread use. To increase the catalytic activity of TMOs, various transition-metal oxides (TMOs) were exsolved as peroxidase mimics.15 Among these nanozymes, nanomaterials with peroxidase-like activity have been mimicked using diverse types of nanomaterials.16−17 Various types of enzymes such as oxidase, peroxidase, catalase, superoxide dismutase, and hydrolase have been mimicked using different kinds of nanomaterials.18−19 Among these nanozymes, nanomaterials with peroxidase-like activity have received great attention due to their great promise in biosensing, bioimaging, and nanomedicine.8−11

INTRODUCTION

Nanozymes are nanomaterials with enzyme-like catalytic activities.1,2 Various types of enzymes such as oxidase, peroxidase, catalase, superoxide dismutase, and hydrolase have been mimicked using different kinds of nanomaterials.18−19 Various transition-metal oxides (TMOs) were explored as peroxidase mimics.15−16 However, most of these TMOs have moderate catalytic activity. Therefore, efficient strategies are needed to design highly active TMO-based peroxidase mimics. We have recently demonstrated that ABO₃-type perovskite oxides (where A is a rare-earth or alkaline-earth metal and B is a transition metal) are good candidates for this purpose due to their unique physical and chemical properties, flexible structures, and adjustable compositions.19−22 We showed that the ε₈ occupancy is a predictive descriptor for the rational design of perovskite oxide-based nanozymes. LaNiO₃, optimised based on the ε₈ occupancy, possessed a peroxidase-like activity 1−2 orders of magnitude higher than that of other representative carbon-based and metal oxide-based nanozymes.19 Even so, the peroxidase-like activity of perovskite oxides was still inferior to noble-metal-based nanozymes.

Previous studies demonstrated that metal NPs (e.g., Ru and Ir) with small sizes exhibited excellent peroxidase-like activity.23−24 These noble-metal-based nanozymes were usually synthesized by a wet chemical reduction process.24,25 To control the size and morphology of metal nanozymes, capping or encapsulating agents were employed during the synthesis. However, the capping agents on metal NP surface may block access to the catalytic sites, resulting in the decreased peroxidase-like activity. In addition, despite the presence of capping agents, metal-based nanozymes with small sizes could easily aggregate during practical catalysis process.26−29 The target transition metal (B') was first incorporated into the lattice of A-site deficiency perovskite...
oxide to form A$_{1-x}$B$_x$O$_{3-δ}$. Subsequently, the target transition metal (B') was exsolved to form finely dispersed metal NPs under a reducing atmosphere.$^{30-33}$ Therefore, we envision that in situ exsolution of metal NPs on perovskites will not only improve the peroxidase-like activity of perovskite oxides but also prevent metal NPs from aggregation during the catalytic process.

Here, we proposed a strategy involving in situ exsolution of Ir or Ru NPs on the surface of perovskite oxides by A-site defects as driving forces under a reducing atmosphere. La$_{0.9}$Mn$_{0.9}$Ir$_{0.1}$O$_3$ (LMIO), La$_{0.9}$Mn$_{0.9}$Ru$_{0.1}$O$_3$ (LMRO), La$_{0.9}$Fe$_{0.9}$Ir$_{0.1}$O$_3$ (LFIO), and La$_{0.9}$Fe$_{0.9}$Ru$_{0.1}$O$_3$ (LFRO) were used as parent materials to in situ exsolve Ir or Ru NPs on perovskite oxides surface to form Ir/LMIO, Ru/LMRO, Ir/LFIO, and Ru/LFRO, respectively. LaMnO$_3$ was first chosen as the parent material due to its relatively good peroxidase-like activity and stability. Furthermore, to prove the universality of this method, LaFeO$_3$ was also used as a parent material for in situ exsolution of Ru and Ir NPs. The peroxidase-mimicking activity of Ir/LMIO, Ru/LMRO, Ir/LFIO, and Ru/LFRO exhibited about 10, 7, 50, and 30 times higher than their corresponding parent perovskite oxides.

Finally, Ir/LMIO with the highest peroxidase-like activity was employed to develop a reliable bioanalysis platform for the determination of alkaline phosphatase (ALP). ALP is present in the body fluids and tissues of human, which is a crucial diagnostic indicator of many diseases. Its abnormal level is mainly related to liver disease, biliary obstruction, metabolic disease, scurvy, bone diseases, etc.$^{34-36}$ The hydrolysis of phosphoryl esters could be catalyzed by ALP to produce ascorbic acid (AA),$^{37,38}$ which exhibited a competitive effect on the reaction between H$_2$O$_2$ and TMB. Based on this, we have built a colorimetric sensing platform to evaluate the ALP activity. Benefitting from the remarkable peroxidase-like activity of Ir/LMIO, the colorimetric method exhibited a wide linear range and a low detection limit.

## EXPERIMENTAL SECTION

### Chemicals and Materials.
Lanthanum nitrate (La(NO$_3$)$_3$·6H$_2$O), iron nitrate (Fe(NO$_3$)$_3$·9H$_2$O), iridium chloride hydrate (IrCl$_3$·xH$_2$O), ruthenium chloride hydrate (RuCl$_3$·xH$_2$O), 3,3′,5,5′-tetramethylbenzidine (TMB), trypsin, glycine, glutamic acid, sarcosine, and glucose oxidase (GOx) were purchased from Aladdin Chemical Reagent Co., Ltd. Human serum albumin (HSA), lysozyme, and bovine serum albumin (BSA) were purchased from Sigma-Aldrich. Ascorbic acid (AA),$^{37,38}$ which exhibited a competitive effect on the reaction between H$_2$O$_2$ and TMB, was used as the reaction buffer and 10 μg/mL of nanozymes were used. Kinetics data were obtained by changing the concentration of one substrate (i.e., H$_2$O$_2$ or TMB) and keeping that of the other constant. The absorption at 652 nm within 5 min was monitored continuously. The kinetics parameters (i.e., $v_{\text{max}}$ and $K_m$) were calculated by fitting the reaction velocity values and the substrate concentrations to the Michaelis–Menten equation as follows:


$$v = \frac{v_{\text{max}}[S]}{K_m + [S]}$$  

(1)

where $v$ is the initial reaction velocity, $v_{\text{max}}$ is the maximal reaction velocity, $K_m$ is the Michaelis constant, and [S] is the substrate concentration.

### Catalyst Preparations.
The pristine perovskites were synthesized via a sol–gel method.$^{15}$ The respective stoichiometric metal nitrates (3 mmol in total) and citric acid (12 mmol) were dissolved in 100 mL of H$_2$O, then 1.5 mL of ethylene glycol was added under stirring. The resulting transparent solutions were treated at 90 °C with sufficient stirring and then evaporated to form gel. The gel was further heated at 180 °C for 5 h to form the solid precursors. The obtained solid precursor was decomposed at 400 °C for 2 h to remove the organic components and to obtain foam precursors. The foam precursors were further annealed in air at 900 °C for 5 h with a ramp rate of 5 °C/min to obtain the pristine perovskite (denoted as LMIO, LMRO, LFIO, and LFRO) and control samples (LaMnO$_3$ and LaFeO$_3$), respectively. Then, the pristine perovskite powders were reduced at 650 °C for 5 h in 5% H$_2$/Ar to obtain the final samples, namely, Ir/LMIO, Ru/LMRO, Ir/LFIO, and Ru/LFRO.

### Instrumentation.
Transmission electron microscopy (TEM) images were recorded on a JEOI JEM-2100 transmission electron microscope (JEOL, Japan) at an acceleration voltage of 200 kV. High-resolution transmission electron microscopy (HRTEM), high-angle annular dark-field scanning TEM (HAADF-STEM), and the corresponding energy-dispersive spectroscopy (EDS) elemental mappings were performed on an FEI Titan G2 60-300 TEM equipped with an acceleration voltage of 300 kV and an EDS detector, respectively. Powder X-ray diffraction (XRD) patterns were obtained on a Rigaku Ultima X-ray diffractometer using Cu Kα radiation. X-ray photoelectron spectra (XPS) were collected using a PHI 5000 VersaProbe (ULvac-Phi, Japan). UV–visible absorption spectra were collected using a spectrophotometer (TU-1900, Beijing Purkinje General Instrument Co. Ltd., China). The absorption in a 96-well plate at 652 nm was recorded by a SpectraMax M2e microplate reader (Molecular Devices).

### Peroxidase-like Activity Measurements.
The peroxidase-like activity was measured using TMB as a substrate. Steady-state kinetics assays were conducted at 25 °C in a 96-well plate and recorded in a microplate reader. For the kinetics assays of nanozymes, acetic acid–sodium acetate buffer (pH 4.5, 0.2 M) was used as the reaction buffer and 10 μg/mL of nanozymes were used. Kinetics data were obtained by changing the concentration of one substrate (i.e., H$_2$O$_2$ or TMB) and keeping that of the other constant. The absorption at 652 nm within 5 min was monitored continuously. The kinetics parameters (i.e., $v_{\text{max}}$ and $K_m$) were calculated by fitting the reaction velocity values and the substrate concentrations to the Michaelis–Menten equation as follows:


$$v = \frac{v_{\text{max}}[S]}{K_m + [S]}$$  

(1)

where $v$ is the initial reaction velocity, $v_{\text{max}}$ is the maximal reaction velocity, $K_m$ is the Michaelis constant, and [S] is the substrate concentration.

### Effect of AA on the Peroxidase-like Activity of Ir/LMIO.
H$_2$O$_2$ (20 mM), TMB (500 μM), Ir/LMIO (2 μg/mL), and AA with various concentrations (0–200 μM) in 0.2 M acetic acid–sodium acetate buffer (pH 4.5) were mixed. Then, 100 μL of the reaction solution was added into a 96-well plate and the absorption at 652 nm was recorded in a microplate reader for 10 min at 25 °C.

### Colorimetric Detection of ALP.
Colorimetric ALP activity assay was performed as follows. First, 0.2 M Tris-HCl (pH 8.0), AAP (0.2 mM), and ALP (with different activities ranging from 0 to 200 U/L) were mixed and incubated in a 37 °C water bath for 40 min. Then, 0.2 M acetic acid–sodium acetate buffer (pH 4.5) was added to stop the
catalytic reaction. Subsequently, 2 μg/mL of Ir/LMIO (or LMIO and LaMnO₃), 0.5 mM TMB, and 90 mM H₂O₂ were added into the reaction solution. Then, 100 μL of the reaction solution was added into the 96-well plate and the absorption at 652 nm was recorded in a microplate reader for 10 min at 25 °C.

To investigate the selectivity of ALP detection, 100 U/L GOx, lysozyme, trypsin, and LOx, 500 μM metal ions (K⁺, Na⁺, and Ca²⁺), 100 μM amino acids (glycine, glutamic acid, and sarcosine), fructose, glucose, 3 μM HSA, and BSA as interference were determined.

To detect ALP activity in serum samples, 25 μL of serum (5%) was spiked with different concentrations of ALP solution and diluted to 500 μL using 0.2 M Tris-HCl buffer (pH 8.0). Then, 0.2 mM AAP was added into the spiked samples as described above. After incubation at 37 °C for 40 min, the mixture was ultrafiltered to remove the interference with a Microcon centrifugal filter device (Ultracel YM-30 membrane, Millipore) for 3 min at 14 000 rpm. Finally, 100 μL of the above solution, 0.5 mM TMB, and 90 mM H₂O₂ were added into 0.2 M acetic acid–sodium acetate buffer (pH 4.5) (final total volume was 1 mL). Then, 100 μL of the reaction solution was added into a 96-well plate and the absorption at 652 nm was recorded in a microplate reader for 10 min at 25 °C.

### RESULTS AND DISCUSSION

**Synthesis and Characterization of the Perovskite-Based Nanozymes.** In situ exsolution of Ir or Ru NPs on the surface of perovskite oxides was achieved by A-site defects as driving forces under a reducing atmosphere (Figure 1a). LaMnO₃ perovskite was first selected as the parent materials because it not only possesses excellent peroxidase-like activity but is stable upon annealing at a reducing atmosphere. To in situ exsolve Ir nanoparticle, La₀.₉Mn₀.₉Ir₀.₁O₃−δ (LMIO) perovskite with A-site deficiency was synthesized, because A-
site deficiency could serve as a driving force to trigger B-site egress.\textsuperscript{36,39} As shown in Figure 1b, LMIO prepared by a sol-gel method exhibited a clean and smooth surface. However, many finely dispersed NPs with diameters of 1–2 nm were socketed on the surface of perovskite host after annealing LMIO at a reducing atmosphere (Figure 1c,d). To decipher the composition of the exsolved NPs, HAADF-STEM images coupled with EDS element mapping were performed. As presented in Figure 1e, after NPs exsolution, the uniform distribution of La, Mn, and O in the parent perovskite was observed. Most of surface Ir cations were reduced and became NPs, while the concentration of ionic Ir near the surface of the perovskite was negligible (Figure 1e). The HRTEM results in Figure 1f exhibited a magnified NP and perovskite matrix with well-defined lattice fringes. The NP with a d-spacing of 0.192 nm corresponded to cubic (space group \textit{Fm\textit{3m}}) Ir NPs indexed at the (200) crystal planes, while the perovskite matrix with a d-spacing of 0.276 nm corresponded to orthorhombic (space group \textit{P\textit{nma}}) LaMnO\textsubscript{3} matrix indexed at the (002) crystal planes. Moreover, powder X-ray diffraction (XRD) was used to analyze the structure changes after NPs exsolution. Before annealing at 5% H\textsubscript{2}/Ar, LMIO presented typical diffraction peaks of rhombohedral (JCPDS 82-1152) with a space group of R\textit{3c}. No obvious impurities were observed, suggesting that Ir was successfully doped into the LaMnO\textsubscript{3} perovskite lattice. After reduction, the perovskite oxide was subjected to a structural phase change (Figure 1g).\textsuperscript{31} The XRD patterns of LMIO and Ir/LMIO suggested that the lattice’s structure transformed from rhombohedral (JCPDS 82-1152) to orthorhombic (JCPDS 72-0841) with a space group of \textit{P\textit{nma}}. No new peaks from byproducts appeared after reducing. The peaks of Ir NPs were not observed in the XRD pattern, which may be attributed to the fact that the size of Ir NPs was too small to be detected by XRD. We further analyzed the chemical valence states of the nanzymes by X-ray photoelectron spectroscopy (XPS) measurements. As shown in Figure 1h, for the pristine LMIO, the binding energy of the Ir 4f\textsubscript{7/2} was \~61.26 eV, which belonged to Ir\textsuperscript{δ+}, and no metallic Ir was detected. After treatment at 650 °C under a forming gas of 5% H\textsubscript{2} in argon, the Ir 4f\textsubscript{7/2} was deconvoluted into two double peaks that can be assigned to Ir\textsuperscript{δ+} and Ir\textsuperscript{δ+}, with binding energies of 59.68 and 60.49 eV, respectively, indicating that Ir NPs have appeared on the surface of the perovskite matrix.\textsuperscript{31} The average valence state of Mn decreased slightly after exsolution (Figure 1i).\textsuperscript{31} The above results demonstrated that \textit{in situ} exsolution of NPs from the parent perovskite could be an effective approach for synthesizing Ir NPs/perovskite composites.

To demonstrate the universality of \textit{in situ} exsolution of noble-metal NPs from parental perovskites, Ru was taken as an another example due to its excellent peroxidase-like activity.\textsuperscript{24} As shown in Figure 2a–c, metal NPs were embedded on the surface of the perovskites when the La\textsubscript{0.9}Mn\textsubscript{0.9}Ru\textsubscript{0.1}O\textsubscript{3−δ} (LMRO) was reduced at 5% H\textsubscript{2}/Ar. In addition, HRTEM images confirmed that the NPs on the surface of perovskites with a d-spacing of 0.205 nm corresponded to Ru NPs (space group \textit{P\textit{6\text{3}mmc}}) indexed at the (101) crystal planes (Figure 2c). XRD results suggested that no other byproducts appeared after exsolution of Ru NPs (Figure 2d). The unique binding energy of the Ru 3p\textsubscript{3/2} on LMRO was \~463.83 eV, demonstrating that only Ru\textsuperscript{δ+} was present in the pristine perovskite matrix. After reduction, the Ru 3p\textsubscript{3/2} of Ru NPs was deconvoluted into two peaks, which belonged to Ru\textsuperscript{δ+} (461.6 eV) and Ru\textsuperscript{δ+} (463.17 eV), demonstrating that Ru NPs were exsolved from the perovskite lattice (Figure 2e).\textsuperscript{32} In addition, the average valence state of Mn decreased slightly after exsolution (Figure 2f).\textsuperscript{31} Other than LaMnO\textsubscript{3}, we also demonstrated that the noble-metal NPs could be also exsolved from other perovskite oxides. LaFeO\textsubscript{3} was selected as another host material for \textit{in situ} exsolution of Ru and Ir NPs. HRTEM, XRD, and XPS results demonstrated that both Ir and Ru NPs can be successfully exsolved on the surface of LaFeO\textsubscript{3} perovskite matrix without the destruction of the perovskite structures (Figures S1 and S2).
Peroxidase-like Activity of Noble-Metal Nanoparticle/Perovskite Composites. After successful synthesis of Ir/LMIO, Ru/LMRO, Ir/LFIO, and Ru/LFRO, their peroxidase-like activities were evaluated by monitoring the catalytic oxidation of TMB in the presence of H$_2$O$_2$. As shown in Figure 3a, Ir/LMIO rapidly catalyzed the oxidation of TMB by H$_2$O$_2$, producing an obviously blue-colored oxidation product with a characteristic absorbance at 652 nm. However, the same concentration of H$_2$O$_2$ alone produced a negligible absorbance change. Moreover, in comparison to the parent LaMnO$_3$ and LMIO, Ir/LMIO had the highest catalytic efficiency of TMB oxidation in the presence of H$_2$O$_2$, indicating that in situ exsolution of Ir NPs on the surface of LaMnO$_3$ significantly enhanced the peroxidase-like activity of parental materials.

To investigate the kinetic process and quantify the peroxidase-like activity of noble NPs/perovskite composites after reduction, the steady-state kinetic measurements were performed. The kinetic data were obtained by changing the concentration of one substrate (e.g., H$_2$O$_2$ or TMB) when keeping the other’s concentration constant. The enzyme kinetic parameters were obtained by Michaelis–Menten curves and the Lineweaver–Burk plot (Tables 1 and S1). Typical Michaelis–Menten curves of LaMnO$_3$, LMIO, and Ir/LMIO are shown in Figure 3b. The maximum initial velocity ($v_{\text{max}}$) and Michaelis–Menten constant ($K_m$) were obtained through the double-reciprocal plots of initial reaction rates (Figure 3c). The value of $v_{\text{max}}$ showed the maximum rate as a critical indicator of the catalytic activity of the reaction. The value of $K_m$ is inversely proportional to the affinity between the nanozymes and the substrate. It was noteworthy that, compared to LaMnO$_3$ and LMIO, Ir/LMIO showed a much higher $v_{\text{max}}$ value when H$_2$O$_2$ was used as the changing substrate (Figure 3d), indicating that the peroxidase-like activity of LaMnO$_3$ perovskite could be significantly enhanced by in situ exsolving Ir NPs. In addition, we also studied the kinetic parameters of LMRO, LFIO, and LFRO before and after exsolution. Typical Michaelis–Menten curves were obtained in the suitable concentration range of H$_2$O$_2$ (Figure 4a–c), which showed the same results as Ir/LMIO (i.e., after the exsolution, the peroxidase-like activities were enhanced). $K_m$ and $v_{\text{max}}$ values were obtained through the Lineweaver–Burk plot in Figure S3, which showed higher $v_{\text{max}}$ values after exsolution (Figure 4d). We used the $v_{\text{max}}$ value of the parent perovskites as the standard to normalize; the performance improvements of Ir/LMIO and Ru/LMRO are about 10 and 7 times higher than their parent material LaMnO$_3$, while the performance improvements of Ir/LFIO and Ru/LFRO are about 50 and 30 times higher than their parent material LaFeO$_3$, respectively. Among them, Ir/LMIO has the best

Table 1. Comparisons of Kinetic Parameters between Different Peroxidase Mimics

<table>
<thead>
<tr>
<th>substrate/H$_2$O$_2$</th>
<th>LaMnO$_3$</th>
<th>LMIO</th>
<th>Ir/LMIO</th>
<th>LMRO</th>
<th>Ru/LMRO</th>
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</thead>
<tbody>
<tr>
<td>$v_{\text{max}}$ (10$^{-7}$ M s$^{-1}$)</td>
<td>21.84</td>
<td>44.29</td>
<td>240.4</td>
<td>152.2</td>
<td>153.1</td>
</tr>
<tr>
<td>$K_m$ (mM)</td>
<td>11.52</td>
<td>14.15</td>
<td>47.47</td>
<td>69.15</td>
<td>68.28</td>
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<tr>
<td>substrate/H$_2$O$_2$</td>
<td>LaFeO$_3$</td>
<td>LFIO</td>
<td>Ir/LFIO</td>
<td>LFRO</td>
<td>Ru/LFRO</td>
</tr>
<tr>
<td>$v_{\text{max}}$ (10$^{-7}$ M s$^{-1}$)</td>
<td>2.699</td>
<td>3.468</td>
<td>139.0</td>
<td>7.819</td>
<td>82.24</td>
</tr>
<tr>
<td>$K_m$ (mM)</td>
<td>32.45</td>
<td>14.42</td>
<td>52.33</td>
<td>27.46</td>
<td>93.58</td>
</tr>
</tbody>
</table>

Figure 3. Peroxidase-like property of different nanozymes. (a) UV−vis spectra of samples containing 1 mM TMB, 20 mM H$_2$O$_2$, and 10 μg/mL of different nanozymes in 0.2 M acetate buffer for 10 min. (b) Plots of the velocity of the reaction versus different concentrations of H$_2$O$_2$ with 1 mM TMB and 10 μg/mL of different nanozymes in 0.2 M acetate buffer for 5 min. Error bars indicate standard deviations of three independent measurements. (c) Double-reciprocal plots of the velocity versus varying concentration of H$_2$O$_2$. Error bars indicate standard deviations of three independent measurements. (d) Comparison of the peroxidase-like activities through $v_{\text{max}}$. 

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peroxidase-like activity due to the synergy between the highly catalytic activity of host perovskite and the noble-metal NPs. The kinetic data with TMB as a substrate are presented in Figures S4 and S5 and Table S1, demonstrating that whether H$_2$O$_2$ or TMB as a substrate, the peroxidase-like activity of perovskite oxides was significantly improved after exsolution of Ir or Ru NPs.

In addition, Ir NPs with an average size of 2 nm were synthesized by a wet chemical method. Both the catalytic efficiency and stability of free Ir NPs and incorporated ones were investigated. Our study demonstrated that the exsolution had little effect on the intrinsic catalytic activity of Ir NPs (Tables 1 and S1). However, after storing for more than 6 months, the peroxidase-like activity of Ir/LMIO was only reduced by 33%, while the activity of Ir NPs at the same mass concentration changed significantly with a 97% decrease (Figure S6). The above results demonstrated that in situ exsolution of noble-metal NPs from perovskite oxide surface can be a promising strategy that not only effectively improves the peroxidase-like activity of parental materials but also enhances the stability of noble-metal NPs.

**Colorimetric Assay of ALP Activity.** Alkaline phosphatase (ALP) is distributed at various levels in the body fluids and tissues of human, and its abnormal expression is closely related to many diseases. Therefore, it is significant to construct a colorimetric strategy to detect ALP with high sensitivity and selectivity in clinical diagnostics. ALP can catalyze the hydrolysis of the orthophosphoric monoesters (e.g., AAP) to produce ascorbic acid (AA). As a kind of radical chain-breaker antioxidants, AA exhibits competitive effect on the reaction between H$_2$O$_2$ and TMB (Figure 5a). On the basis of this, we developed a colorimetric assay for ALP by coupling the cascade reactions of AAP hydrolysis and the nanozyme-catalyzed TMB oxidation (Figure 5a). As a proof of concept, we first investigated the inhibitory effect of AA on the TMB oxidation. As shown in Figures 5b and S7, the $A - A_0$ value decreased significantly with increasing AA concentration (where $A$ and $A_0$ are the absorbances of the system at 652 nm after 5 min of the reaction and when the reaction just started, respectively). The linearity range for AA was 1–100 μM with a detection limit of 0.2 μM. Based on the above results, we performed experiments to assess the feasibility for detecting ALP activity. ALP or AAP exhibited a negligible effect on the TMB oxidation catalyzed by Ir/LMIO in the presence of H$_2$O$_2$ (Figure 5c). However, when ALP and AAP coexisted in the reaction system, the absorbance of oxTMB at 652 nm was substantially decreased because AAP was hydrolyzed to generate AA in the presence of ALP. As shown in Figure 5d, a good linear relationship between $A - A_0$ and ALP concentration was obtained. The linear range for ALP was 0.39–100 U/L, which was broader than most of other methods (Table S2). In addition, the limit of detection (LOD) of this sensing platform was as low as 0.39 U/L, demonstrating its potential for ALP detection in real serum samples. To demonstrate the unique advantages of Ir/LMIO, LaMnO$_3$ and LMIO were also used as peroxidase mimics for ALP detection. For comparison, the linear ranges of the LMIO/TMB/H$_2$O$_2$ and LaMnO$_3$/TMB/H$_2$O$_2$ sensing platforms were 0.24–8 and 0.34–10 U/L (Figures 5e and S8), respectively. The LODs were 0.24 and 0.34 U/L, respectively.

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**Figure 4.** Steady-state kinetic assays of different nanozymes. Plots of the velocity of the reaction versus different concentrations of H$_2$O$_2$ with 1 mM TMB and 10 μg/mL different nanozymes in 0.2 M acetate buffer for 5 min. Error bars indicate standard deviations of three independent measurements. (a) Ru/LMRO, LMRO, and LaMnO$_3$. (b) Ir/LFIO, LFIO, and LaFeO$_3$. (c) Ru/LFRO, LFRO, and LaFeO$_3$. (d) Comparison of the peroxidase-like activities through $v_{\text{max}}$. 

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The substantially increased detection linear range for Ir/LMIO sensing platform could be mainly attributed to much higher peroxidase-like activity because other conditions of three sensing platforms were kept identical. The enhanced peroxidase-like activity of Ir/LMIO nanozyme makes the colorimetric system have greater application potential.

To evaluate the selectivity of the as-developed sensing method for ALP detection, we investigated possible interfering substances common in human serum. These include K+, Na+, Ca++, glucose oxidase (GOx), lysozyme, trypsin, lactate oxidase (LOx), HSA, BSA, fructose, glucose, glycine, glutamic acid, and sarcosine. Figure S9 shows that the interference of other substances on the sensing platform was negligible, confirming that the developed sensing system has a satisfactory selectivity toward ALP detection.

The ALP content in serum samples was measured to demonstrate the practical application of the colorimetric assay. As shown in Table 2, the recoveries for the four biological samples were between 95.20 and 102.60% with RSD less than 1.1%, suggesting that the proposed sensing system can accurately detect ALP in serum samples.

**CONCLUSIONS**

In conclusion, a general and effective *in situ* exsolution strategy was developed to prepare highly active peroxidase-like nanozymes. The *in situ* exsolution of Ir or Ru NPs from noble-metal-substituted A-site-deficient perovskites can not only effectively improve the peroxidase-like activity of parent perovskite but also improve the stability of noble-metal NPs. The obtained Ir/LMIO nanozyme has the highest peroxidase-like activity.
like activity compared with other exsolved nanozymes. Through coupling Ir/LMIO nanozyme with ascorbic acid 2-phosphate, a facile colorimetric assay for ALP activity detection with high sensitivity and selectivity was developed. This study not only provides a promising strategy to rationally design nanomaterials with peroxidase-mimicking activity but also develops a facile colorimetric assay to sensitively detect ALP activity.

**ASSOCIATED CONTENT**

1. Supporting Information
The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.analchem.1c00721.

TEM images, PXRD patterns, XPS survey scans, kinetic curves, absorption spectra, stability of free Ir NPs and Ir/LMIO, comparisons of kinetic parameters between different peroxidase mimics, and comparisons of analytical performance between different peroxidase mimics of this work in ALP detection (PDF)

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X.J. and X.W. contributed equally to this work. The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

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**Notes**

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