

# Mn<sub>3</sub>O<sub>4</sub> Nanozyme for Inflammatory Bowel Disease Therapy

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Recently, reactive oxygen species (ROS) scavenging nanozymes have been developed as natural enzyme alternatives to treat inflammatory bowel disease (IBD) as well as other inflammatory diseases. Among them, manganese oxide nanozymes are advantageous because of remarkable biocompatibility and their good biodegradability. It is herein reported that phospholipid coated Mn<sub>3</sub>O<sub>4</sub> nanozymes mimic both superoxide dismutase (SOD) and catalase (CAT) to effectively eliminate ROS that exacerbate inflammation and cause damages to tissues and organs. With the help of phospholipid decoration, the Mn<sub>3</sub>O<sub>4</sub> nanozymes are well dispersed and show good stability. Moreover, the coating enables the successful fluorescence labelling to study their biodistribution and fate. Excitingly, the Mn<sub>3</sub>O<sub>4</sub> nanozymes exhibit superior therapeutic efficacy for both ulcerative colitis (UC) and Crohn's disease (CD) in mouse models over aminosalicylic acid, a first-line medication for IBD, under the same dosage. Thus, the Mn<sub>3</sub>O<sub>4</sub> nanozymes in this work offer a promising nano-medication for inflammation-related disease therapy and broaden the spectrum of biomedical application of nanozymes.

## 1. Introduction

Inflammatory bowel disease (IBD) is a chronic and refractory immune-mediated disorder. It is estimated that IBD affects over 6.8 million people globally in 2017.<sup>[1,2]</sup> Ulcerative colitis (UC) and Crohn's disease (CD) are two major forms of IBD that share the common features of abdominal pain, diarrhea, and rectal bleeding. They are often complicated with extra-intestinal manifestation including psoriasis and spondylitis.<sup>[3]</sup> IBD is drawing much attention not only for its climbing incidence and prevalence, but also for its implication in cancer that causes fatality.<sup>[4]</sup> The state-of-the-art IBD treatments mainly focus on the remission of inflammation. These treatments, however, suffer from drawbacks in clinical practice, such as insufficient efficacy and side-effects.<sup>[5]</sup> Therefore, it is of great importance and demand to develop efficient

therapeutic methods and discover new strategies for IBD treatment.

Accumulating evidences indicate that reactive oxygen species (ROS) plays a central role in the progress of inflammation including IBD, and its normal level is precisely governed in a homeostatic status in living organisms.<sup>[6]</sup> To overcome the oxidative stress involved by over-produced ROS, anti-oxidant enzymes such as superoxide dismutase (SOD) and catalase (CAT) were evolved to remove superoxide anion ( $\cdot\text{O}_2^-$ ) and hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), respectively.<sup>[7]</sup> Nonetheless, ROS is often over-expressed in the inflamed area of IBD and other inflammatory diseases, and usually could not be sufficiently eliminated by endogenous enzymes to relieve the inflammation.<sup>[8]</sup> Hence, exogenous ROS scavenging enzymes have been explored for the treatment of IBD.<sup>[9]</sup> Nevertheless, natural enzymes have several limitations such as high cost, low stability, and potential immunogenicity, which have hindered the use of enzymes in medical applications.<sup>[10]</sup>

To tackle these challenges, enzyme-like ROS scavenging nano-materials (termed as nanozymes<sup>[11–17]</sup>) have been developed to treat IBD as well as other inflammatory diseases.<sup>[18–22]</sup> For example, ceria nanozyme was engineered to prevent retinal degeneration induced by intracellular peroxides.<sup>[23]</sup> Nanoceria decorated montmorillonite was developed for IBD therapy.<sup>[24]</sup> Prussian blue nanozyme was developed to treat liver inflammation and IBD in mouse models.<sup>[21,25]</sup> Compared with these anti-ROS nanozymes, manganese (Mn)-based nanozymes are very attractive because Mn is one of the most necessary element in

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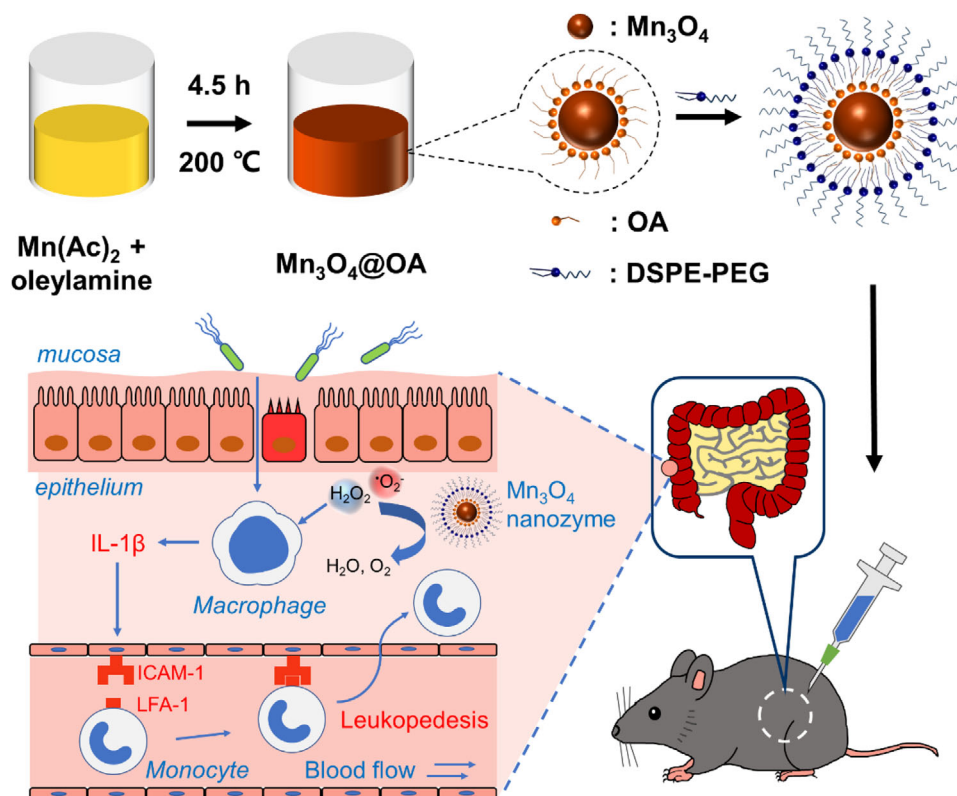
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**Scheme 1.** Schematic illustration of fabrication of  $\text{Mn}_3\text{O}_4$  nanozyme with ROS scavenging activity for IBD therapy. In the inflamed focus, macrophages sense antigens like microbiomes and generate ROS that stimulate the release of IL-1 $\beta$ . IL-1 $\beta$  upregulates ICAM-1 (intercellular cell adhesion molecule-1, or CD54) on vascular endothelial cells that participate in the pro-inflammatory leukopedesis by interacting with LFA-1 (lymphocyte function-associated antigen-1) expressed on monocytes. The SOD- and CAT-like  $\text{Mn}_3\text{O}_4$  nanozyme interferes with the transduction cascade of inflammation by scavenging ROS thus ameliorates inflammatory diseases.

organisms and used in Mn-SOD. Mn-based SOD- and CAT-like nanozymes have been demonstrated to possess antioxidation efficacy toward cell protection and therapy for inflammation-related disease.<sup>[26–28]</sup> Recently, attempts have been made to evaluate the therapeutic efficacy of Mn-porphyrin based nanozyme on IBD mouse model.<sup>[22]</sup> In our previous work, a hydro-thermally synthesized  $\text{Mn}_3\text{O}_4$  nanozyme with both SOD- and CAT-like activities was utilized in vivo for an acute inflammation model.<sup>[29]</sup> The biodegradability of  $\text{Mn}_3\text{O}_4$  nanoparticles (NPs) avoids the retention in tissues and organs thus minimizes their accumulative and long-term toxicity compared to non-biodegradable Mn-based nanozymes.<sup>[30]</sup>

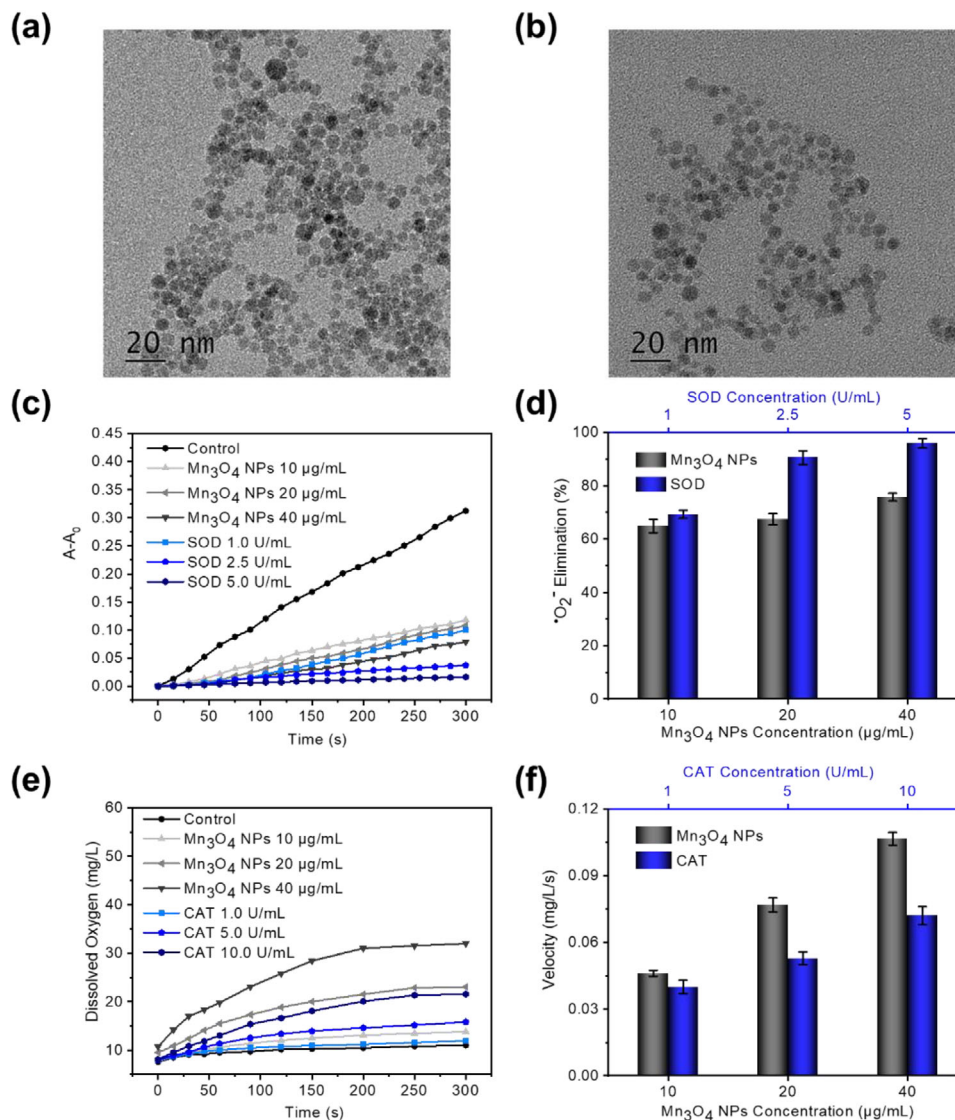
To advance the biomedical application of  $\text{Mn}_3\text{O}_4$  nanozyme, here we demonstrated that  $\text{Mn}_3\text{O}_4$  NPs synthesized via a solvent-thermal method possessed remarkable both SOD- and CAT-like activities. When the  $\text{Mn}_3\text{O}_4$  NPs were decorated with phospholipid of 1, 2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[carboxy(polyethylene glycol)] (DSPE-PEG), it endowed the  $\text{Mn}_3\text{O}_4$  NPs excellent dispersibility and biocompatibility in aqueous medium.<sup>[31]</sup> The  $\text{Mn}_3\text{O}_4$  NPs were further applied to the therapy of UC and CD models (**Scheme 1**). Our results showed that  $\text{Mn}_3\text{O}_4$  NPs targeted and scavenged ROS evolved by macrophages thus sequestered interleukin (IL)-1 $\beta$  (a crucial proinflammatory cytokine). Moreover, they exhibited enhanced therapeutic efficacy than 5-aminosalicylic acid (5-ASA), a first-

line medication for both UC and CD therapy, under the same dosage.<sup>[5]</sup> Due to the superior SOD- and CAT-like activities, the  $\text{Mn}_3\text{O}_4$  NPs as low as the dosage of  $0.1 \text{ mg kg}^{-1}$  body weight remarkably ameliorated both UC and CD model mice without apparent acute or long-term toxicity of the  $\text{Mn}_3\text{O}_4$  NPs. The results in this work not only demonstrated the superior effectiveness of ROS scavenging nanozyme for IBD therapy, but also provided the practical feasibility of biomedical applications of nanozymes.

## 2. Results and Discussion

$\text{Mn}_3\text{O}_4$  was synthesized through the solvent-thermal method by using oleylamine (OA) as capping agents. The synthesized  $\text{Mn}_3\text{O}_4$ @OA NPs were spherical and had a diameter of around 10 nm (**Figure 1a**). The  $\text{Mn}_3\text{O}_4$ @OA NPs were further cladded with DSPE-PEG to obtain hydrophilic  $\text{Mn}_3\text{O}_4$ @OA@DSPE-PEG NPs (termed as  $\text{Mn}_3\text{O}_4$  NPs for short below) (**Figure 1b**). The  $\text{Mn}_3\text{O}_4$  NPs kept uniform morphology with narrowly dispersed size and exhibited characteristic infrared absorption of  $\text{Mn}_3\text{O}_4$ @OA NPs and DSPE-PEG (**Figure S1b**, Supporting Information), which indicated that the  $\text{Mn}_3\text{O}_4$  NPs were successfully prepared and suitable for further application of IBD therapy.

The DSPE-PEG coating remarkably enhanced the stability of  $\text{Mn}_3\text{O}_4$  NPs in phosphate buffered saline (PBS) and glutathione (GSH) compared with naked  $\text{Mn}_3\text{O}_4$  nanozymes in our

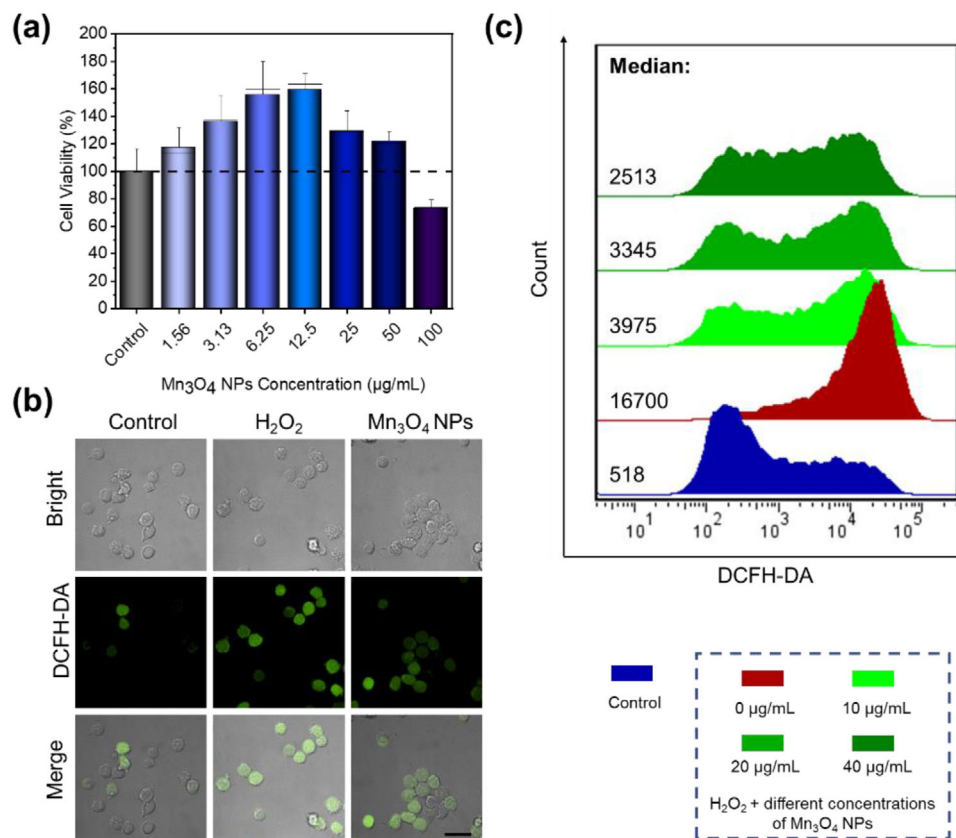


**Figure 1.** Morphology and ROS scavenging activities of Mn<sub>3</sub>O<sub>4</sub> NPs. TEM images of a) Mn<sub>3</sub>O<sub>4</sub>@OA and b) Mn<sub>3</sub>O<sub>4</sub>@OA@DSPE-PEG. c) Typical kinetic curves of A-A<sub>0</sub> (550 nm) for monitoring the reduction of NBT with xanthine and xanthine oxidase in the absence and presence of Mn<sub>3</sub>O<sub>4</sub> nanozyme and SOD. d) Dependence between the <sup>•</sup>O<sub>2</sub><sup>-</sup> elimination efficiency and concentrations Mn<sub>3</sub>O<sub>4</sub> NPs and SOD. e) Typical kinetic curves of oxygen generation from the decomposition of H<sub>2</sub>O<sub>2</sub> (40 mM) in the absence and presence of Mn<sub>3</sub>O<sub>4</sub> NPs and CAT. f) Dependence between the oxygen production velocities in the initial 60 s and concentrations of Mn<sub>3</sub>O<sub>4</sub> NPs and CAT.

previous work (Figure S2, Supporting Information) and prevented the burst release of Mn<sup>2+</sup>, without altering biodegradable nature of Mn<sub>3</sub>O<sub>4</sub> NPs.<sup>[29]</sup> Moreover, the terminal carboxyl group of DSPE-PEG gifted the Mn<sub>3</sub>O<sub>4</sub> NPs with feasibility of functionalization such as fluorescence labelling (Figure 5a). By utilizing the quantitative method in Figure S2, Supporting Information, the element content of Mn was determined as 0.181 ± 0.015 mg in 1.000 mg of the Mn<sub>3</sub>O<sub>4</sub> NPs, and the dosage in the following in vitro and in vivo experiments was calculated by the Mn<sub>3</sub>O<sub>4</sub>@OA@DSPE-PEG NPs that contained pure Mn<sub>3</sub>O<sub>4</sub> ≈25 wt% of the total weight.

The in vitro ROS scavenging capacity of the Mn<sub>3</sub>O<sub>4</sub> NPs was firstly investigated by SOD- and CAT-like activities assay of transforming <sup>•</sup>O<sub>2</sub><sup>-</sup> and H<sub>2</sub>O<sub>2</sub>, respectively. The SOD-like activity of the

Mn<sub>3</sub>O<sub>4</sub> NPs was carried out by monitoring absorbance of nitrotriazolium blue chloride (NBT) at 550 nm, which can specifically be reduced by <sup>•</sup>O<sub>2</sub><sup>-</sup> generated from the mixture of xanthine and xanthine oxidase. The <sup>•</sup>O<sub>2</sub><sup>-</sup> scavenging activities of both Mn<sub>3</sub>O<sub>4</sub> NPs and SOD exhibited dose-dependent manner (Figure 1c). The activity of 10 µg mL<sup>-1</sup> of Mn<sub>3</sub>O<sub>4</sub> NPs was close to that of 1 U mL<sup>-1</sup> of SOD (Figure 1d), which was calculated with the absorption value compared with control at the end of the experiments (300 s). The CAT-like activity of the Mn<sub>3</sub>O<sub>4</sub> NPs was further verified by determination of O<sub>2</sub> from H<sub>2</sub>O<sub>2</sub> decomposition, and similar results were observed (Figure 1e,f). The results above demonstrated that the Mn<sub>3</sub>O<sub>4</sub> NPs possessed both SOD- and CAT-like activities and were comparable to 1 U mL<sup>-1</sup> of both SOD and CAT at the concentration of 10 µg mL<sup>-1</sup>.



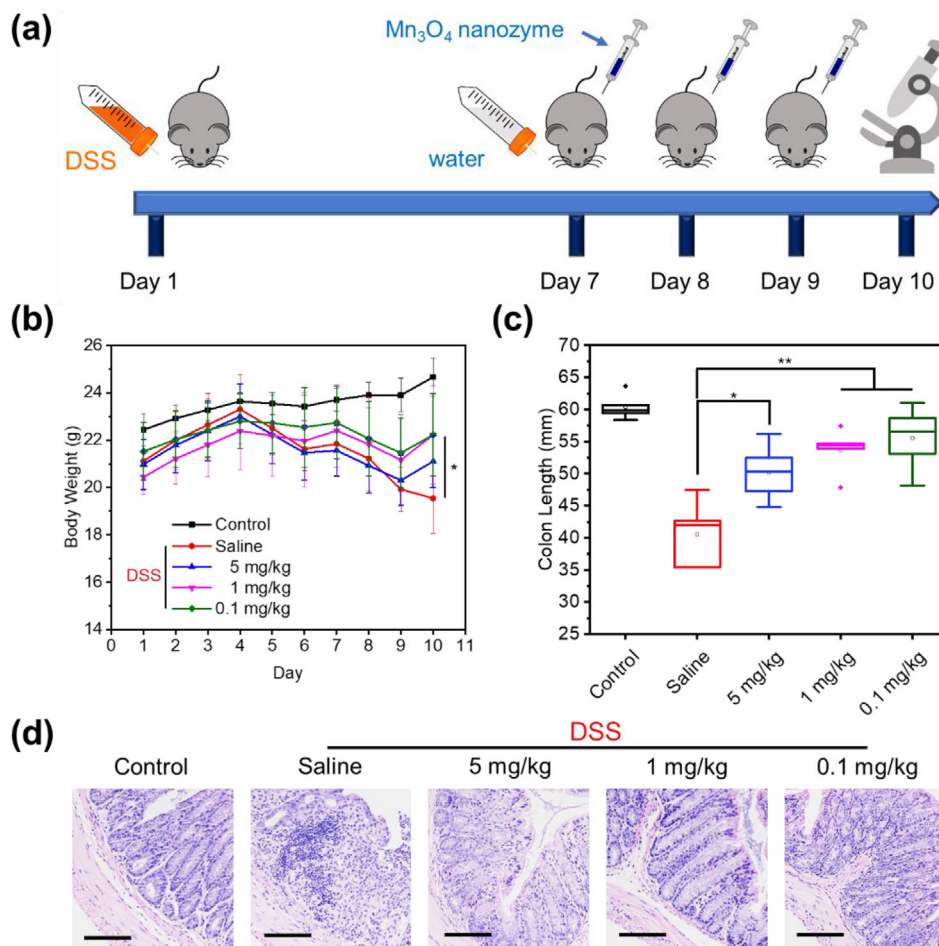
**Figure 2.** Cytotoxicity and ROS scavenging activities of Mn<sub>3</sub>O<sub>4</sub> NPs in cultured cells. a) Cytotoxicity of Mn<sub>3</sub>O<sub>4</sub> NPs in cultured RAW 264.7 cells determined by CCK-8 assay. ROS scavenging activities of Mn<sub>3</sub>O<sub>4</sub> NPs in 100 µM H<sub>2</sub>O<sub>2</sub> stimulated RAW 264.7 cells investigated by b) confocal scanning laser microscopy and c) determined with flow cytometry. Scale bar = 25 µm.

It is of importance to investigate the biocompatibility of the nanomaterials before their biomedical application. Therefore, the cytotoxicity of the Mn<sub>3</sub>O<sub>4</sub> NPs toward murine macrophages (RAW 264.7) was investigated by CCK (Cell Counting Kit)-8 assay. The result indicated that the Mn<sub>3</sub>O<sub>4</sub> NPs exhibited no cytotoxicity toward RAW 264.7 cells within 50 µg mL<sup>-1</sup> (Figure 2a). The in vitro ROS scavenging capacity of the Mn<sub>3</sub>O<sub>4</sub> NPs in co-cultured 100 µM H<sub>2</sub>O<sub>2</sub> stimulated RAW 264.7 cells was preliminarily visualized by confocal scanning laser microscopy imaging (Figure 2b). It showed that the Mn<sub>3</sub>O<sub>4</sub> NPs partially decreased the fluorescence intensity that evolved by 2,7-dichlorodihydrofluorescein diacetate (DCFH-DA, a fluorescence dye for intracellular ROS) in H<sub>2</sub>O<sub>2</sub> treated RAW 264.7 cells. The intracellular ROS was further quantitatively analyzed by flow cytometry, and the median of the fluorescence intensity (Figure 2c) demonstrated that the Mn<sub>3</sub>O<sub>4</sub> NPs exhibited dose-dependent ROS scavenging capacity and significantly relieved oxidative stress of RAW 264.7 cells. The results above indicated that the Mn<sub>3</sub>O<sub>4</sub> NPs exhibited satisfactory cellular protective efficacy and excellent intracellular ROS scavenging capacity at the concentration of 10 µg mL<sup>-1</sup>.

On the basis of the excellent ROS scavenging activity and satisfactory biocompatibility of Mn<sub>3</sub>O<sub>4</sub> NPs, the in vivo therapeutic efficacy of Mn<sub>3</sub>O<sub>4</sub> NPs was then investigated for the treatment of UC and CD in murine models of the disease states. Dextran sul-

fate sodium (DSS)-induced UC model was preliminarily established to verify the effectiveness of Mn<sub>3</sub>O<sub>4</sub> NPs, and the over-all procedure is shown as Figure 3a.<sup>[32]</sup> The body weights of DSS-induced groups exhibited remarkable decrease after 6 consecutive days (Figure 3b), which indicated the successful onset of UC together with shortened colon lengths induced by DSS (Figure 3c) and inflammatory infiltration (Figure 3d). After that, different dosages of Mn<sub>3</sub>O<sub>4</sub> NPs were intraperitoneally injected to each mouse on three consecutive days (days 7, 8, and 9), and the treatments relieved body weight loss and colon length shortening on day 10 at different levels. To our surprise, the Mn<sub>3</sub>O<sub>4</sub> NPs as low as 0.1 mg kg<sup>-1</sup> exhibited the best efficacy among the dosages in this experiment, and increasing dosage did not result in better efficacy, which could be explained that the high performance of ROS scavenging Mn<sub>3</sub>O<sub>4</sub> NPs already effectively mitigated the UC at the dose of 0.1 mg kg<sup>-1</sup>, and over-dosing was not beneficial but burdened the metabolism of Mn<sub>3</sub>O<sub>4</sub> NPs.

To further elucidate the therapeutic efficacy of Mn<sub>3</sub>O<sub>4</sub> NPs, DSS-induced UC model was established again to evaluate Mn<sub>3</sub>O<sub>4</sub> NPs together with 5-ASA, a first-line medication for IBD treatment, as a positive control.<sup>[5]</sup> As shown in Figure 4a,b, 0.1 mg kg<sup>-1</sup> of Mn<sub>3</sub>O<sub>4</sub> NPs still exhibited remarkable therapeutic efficacy while 5-ASA did not at the same dosage. Meanwhile, decreasing the dosage of Mn<sub>3</sub>O<sub>4</sub> NPs to 0.01 mg kg<sup>-1</sup> did not embrace apparent anti-inflammation effect, indicating that 0.1 mg kg<sup>-1</sup> of



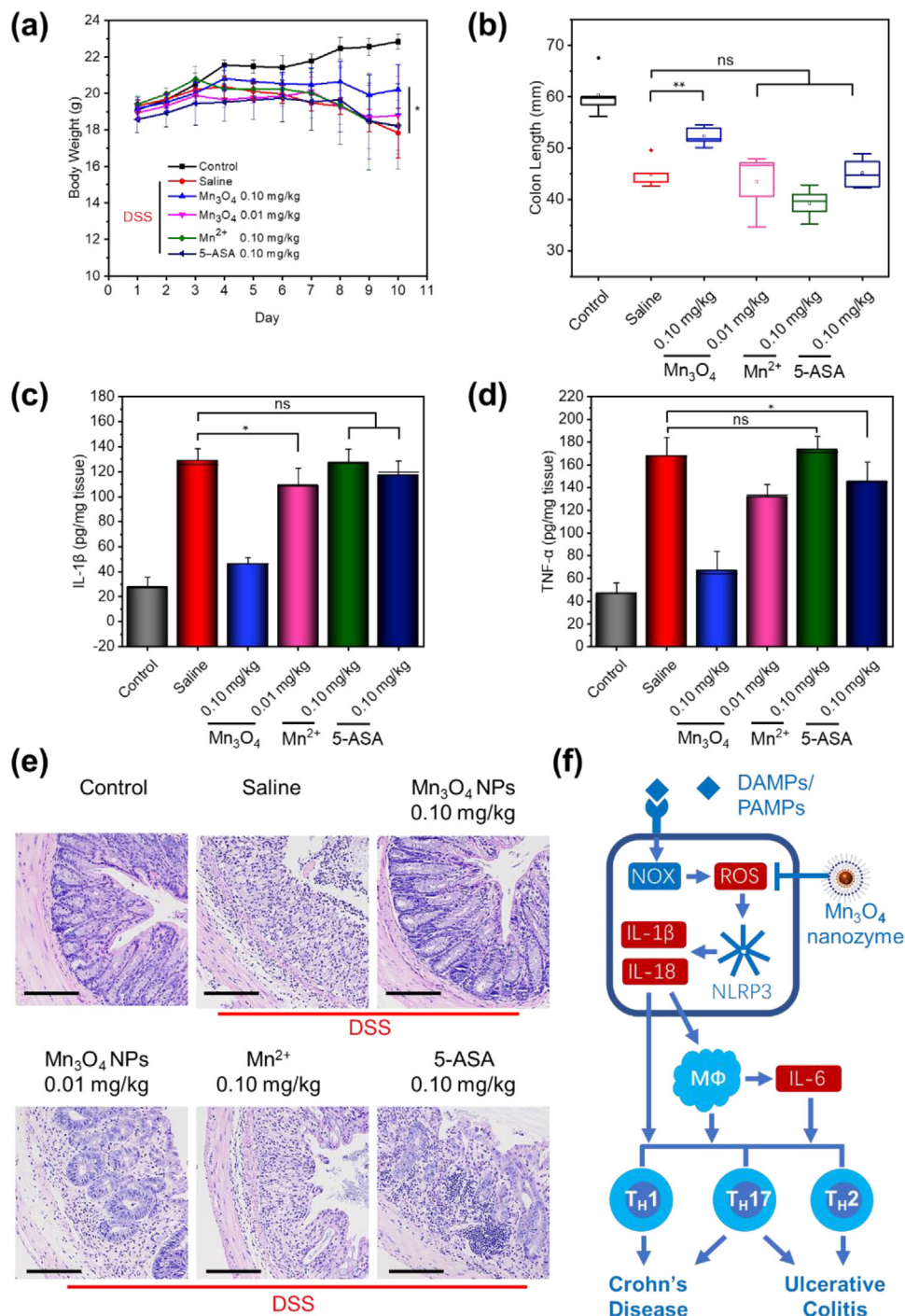
**Figure 3.** UC therapy with  $Mn_3O_4$  NPs. a) Overall procedure of the animal experiment (DSS-induced colitis). b) Daily body-weight development for 10 days. c) The corresponding colon lengths in indicated groups. d) H&E-stained colonic sections of mice from indicated groups on day 10, scale bar = 100  $\mu$ m. The data are shown as mean  $\pm$  SD ( $n = 5$ ). \* $p < 0.05$ , \*\* $p < 0.01$ ;  $t$  test.

$Mn_3O_4$  NPs was the optimized dosage according to the experiments above. To verify the therapeutic effect was evolved by the ROS scavenging  $Mn_3O_4$  NPs not the decomposed  $Mn_3O_4$  such as  $Mn^{2+}$  or component DSPE-PEG, the  $Mn_3O_4$  NPs was resolved by stoichiometric HCl (Figure S1e, Supporting Information) and re-dispersed in PBS at the same Mn concentration with 0.1 mg  $kg^{-1}$  of treated  $Mn_3O_4$  NPs, and designated as  $Mn^{2+}$  for short. According to the results in Figure 4a,b,e,  $Mn^{2+}$  did not exhibit obvious anti-inflammation effect, which demonstrated that the therapeutic effect of UC was from ROS scavenging  $Mn_3O_4$  NPs rather than  $Mn^{2+}$  or any degraded components.

The remission capacity of  $Mn_3O_4$  NPs in the focus of UC was investigated with the determination of pro-inflammatory cytokines by enzyme linked immunosorbent assay (ELISA). As shown in Figure 4c,d, the levels of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and IL-1 $\beta$  were both significantly elevated in colon tissues of UC model, and effectively sequestered by 0.1 mg  $kg^{-1}$  of  $Mn_3O_4$  NPs treatment. The possible mechanism of anti-inflammation efficacy of  $Mn_3O_4$  NPs is summarized in Figure 4f. In the process of colitis, epithelia activate the NADPH oxidase (NOX) to generate  $^{\bullet}O_2^-$  and  $H_2O_2$  in response to pathogen-associated molecular patterns (PAMPs) and danger-associated molecular patterns

(DAMPs), and the ROS could trigger NOD-, LRR- and pyrin domain-containing 3 (NLRP3) inflammasome that lead to IL-1 $\beta$  and IL-18 production, which stimulates the accumulation of T helper ( $T_H$ ) 17 cells.<sup>[33]</sup> On the other hand, IL-1 $\beta$  can induce macrophages to generate downstream IL-6, which together evoke the activation of  $T_H1$  or  $T_H2$  cells that propagate CD and UC, respectively, while  $T_H17$  cells is responsible for both CD and UC.<sup>[34,35]</sup> Now that ROS is one of important trigger for IL-1 $\beta$  and IL-18 production and lymphatic infiltration, which aggravate the severity of IBD, ROS scavenging  $Mn_3O_4$  NPs may be an effective therapeutic agent for the treatment that target and eliminate the ROS in upstream of inflammation signaling.

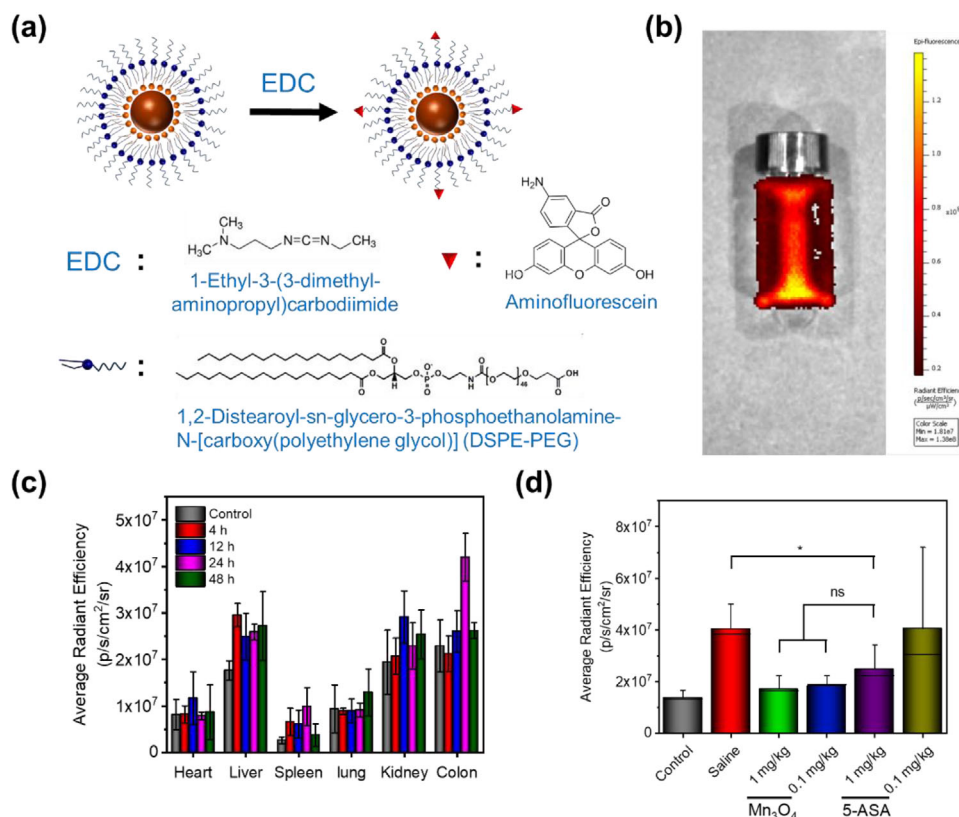
The in vivo behavior of treated  $Mn_3O_4$  NPs is crucial for its therapy validation and further application, and fluorescence labelling of  $Mn_3O_4$  NPs was executed by covalent conjugation of aminofluorescein with carboxyl terminated DSPE-PEG capped  $Mn_3O_4$  NPs (Figure 5a). The obtained fluorescein labeled  $Mn_3O_4$  NPs (Figure S1f, Supporting Information) can be visualized with in vivo fluorescence imaging (Figure 5b) without obviously changing the particle size or zeta potential (Figure S1i,j, Supporting Information). The biodistribution of fluorescein labeled  $Mn_3O_4$  NPs is shown in Figure 5c. It can be seen that  $Mn_3O_4$



**Figure 4.** UC therapy with Mn<sub>3</sub>O<sub>4</sub> NPs compared with 5-ASA. a) Daily body-weight development for 10 days. b) The corresponding colon lengths in indicated groups. c) IL-1β and d) TNF-α levels in colon homogenates from indicated groups. e) H&E stained colonic sections of mice from indicated groups on day 10, scale bar = 100 μm. f) Possible mechanism of anti-inflammation efficacy of Mn<sub>3</sub>O<sub>4</sub> NPs. The data are shown as mean ± SD (n = 5). \*p < 0.05, \*\*p < 0.01; ns = not significant; t test.

NPs mainly accumulated in liver 4 h after intraperitoneal injection and were gradually excreted into colon, which reaching its intensity peak after 24 h. Since liver is primary organ that process the Mn<sub>3</sub>O<sub>4</sub> NPs, the metabolism of which and redox status of liver was necessarily investigated by GSH and oxidized GSH

(GSSG) assay. From Figure S4b, Supporting Information, it can be observed that Mn<sub>3</sub>O<sub>4</sub> NPs did not decrease the GSH level 6 h after intraperitoneal injection, while decomposed Mn<sup>2+</sup> remarkably depleted the GSH in a dose-dependent manner. Together with Figure S4e, Supporting Information, the GSH/GSSG ratio



**Figure 5.** ROS scavenging efficiency and biodistribution of  $Mn_3O_4$  NPs in mice. a) Conjugation of aminofluorescein with carboxyl-terminated DSPE-PEG decorated  $Mn_3O_4$  NPs. b) Fluorescence image of fluorescein-labeled  $Mn_3O_4$  NPs ( $25 \mu g mL^{-1}$ ). c) Ex vivo biodistribution of fluorescein-labeled  $Mn_3O_4$  NPs in treated mice. The data are shown as mean  $\pm$  SD ( $n = 3$ ). d) Ex vivo fluorescence intensity of colons from indicated groups 0.5 h after intraperitoneal injection of 0.7 mg DCFH-DA per mouse. The data are shown as mean  $\pm$  SD ( $n = 4$ ). \* $p < 0.05$ ; ns = not significant;  $\dagger$  test.

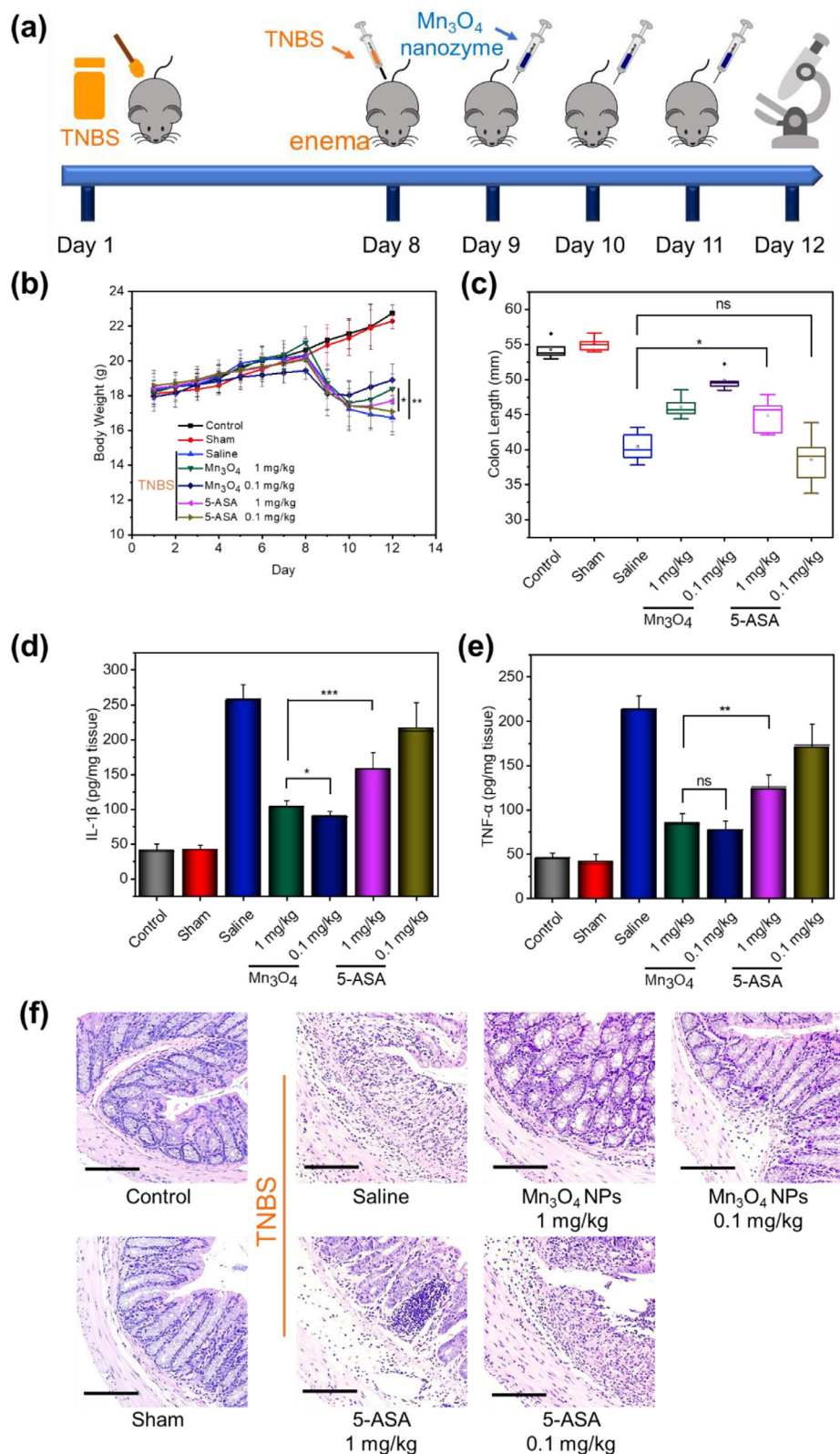
manifested that  $Mn_3O_4$  NPs exhibited negligible harmful effects on the liver within 6 h of treatment, but  $Mn^{2+}$  exerted obvious decrease of both GSH level and GSH/GSSG ratio. As shown in Figure S4d,e, Supporting Information, 0.1 mg  $kg^{-1}$  of  $Mn_3O_4$  NPs was much safer than that of 5.0 mg  $kg^{-1}$  toward GSH and GSH/GSSG ratio in the liver, indicated that the dosage of 0.1 mg  $kg^{-1}$  was appropriate for in vivo treatment. It also can be seen that no obvious histopathological change in major organs of mice 7 days or 30 days receiving intraperitoneal injection  $Mn_3O_4$  NPs at the dose of 1.0 mg  $kg^{-1}$  (Figure S4a, Supporting Information), which further guaranteed the biosafety of  $Mn_3O_4$  NPs.

As mentioned above, ROS scavenging  $Mn_3O_4$  NPs may be pharmacologically effective for both UC and CD, thus it is of importance to verify the therapeutic efficacy of  $Mn_3O_4$  NPs toward CD, another major form of IBD. The 2,4,6-trinitrobenzene sulfonic acid (TNBS) induced CD model<sup>[32]</sup> is established as Figure 6a to evaluate  $Mn_3O_4$  NPs compared with 5-ASA. Briefly, on day 1, mice were sensitized by absorption of TNBS solution through the preserved skin on the back (Figure S7b, Supporting Information). 7 days later, on day 8, mice were slowly administered TNBS solution into the colon lumen to induce CD. In addition to an untreated control group, a Sham group was also used in which the TNBS solution was replaced with equal volume of saline. The successful onset of CD was indicated by body weight loss on day 9 for all TNBS-treated groups (Figure 6b).  $Mn_3O_4$

NPs and 5-ASA were administered by intraperitoneal injection to the mice on 3 consecutive days (days 9, 10, and 11), respectively. Comparison of body weight changes and colon lengths recovery demonstrated the considerable therapeutic efficacy of  $Mn_3O_4$  NPs at the concentrations of both 1.0 and 0.1 mg  $kg^{-1}$  (Figure 6b,c). By comparison, the group treated with 5-ASA at 1.0 mg  $kg^{-1}$  exhibited restricted remissive effect while 0.1 mg  $kg^{-1}$  of 5-ASA showed no obvious therapeutic effect on CD, which was in accordance with IL-1 $\beta$  and TNF- $\alpha$  levels and pathological observation (Figure 6d,e,f). Thus, it is demonstrated that  $Mn_3O_4$  NPs directly and effectively alleviate disease by scavenging ROS that have a potentially greater breadth and efficacy compared to traditional small molecular medications in IBD treatment.

### 3. Conclusion

The monodispersed and biodegradable  $Mn_3O_4$  NPs with in vitro and in vivo ROS scavenging capacity were fabricated and verified in this work. The DSPE-PEG coating not only increased the dispersity and stability of  $Mn_3O_4$  NPs in physiological environment, but also endowed the post-functionality and biocompatibility. The remarkable biosafety and ROS scavenging capacity of  $Mn_3O_4$  NPs was also investigated in vitro and in vivo. For both UC and CD treatments, the therapeutic efficacy of  $Mn_3O_4$  NPs at the dose of 0.1 mg  $kg^{-1}$  was verified and superior to 5-ASA at



**Figure 6.** CD therapy with  $Mn_3O_4$  NPs. a) Overall procedure of the animal experiment of TNBS-induced colitis. b) Daily body-weight development for 12 days. c) The corresponding colon lengths in indicated groups. d) IL-1 $\beta$  and e) TNF- $\alpha$  levels in colon homogenates from indicated groups. f) H&E stained colonic sections of mice from indicated groups on day 12, scale bar = 100  $\mu$ m. The data are shown as mean  $\pm$  SD ( $n = 5$ ). \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.005$ ; ns = not significant; † test.

the same dosage. The Mn<sub>3</sub>O<sub>4</sub> NPs in this work revealed effective IBD therapeutic efficacy by targeting ROS, and broadened the spectrum of biomedical application of nanozymes.

## 4. Experimental Section

All the animal studies were approved by the Committee for Experimental Animals Welfare and Ethics of Nanjing Drum Tower Hospital, the Affiliated Hospital of Nanjing University Medical School (Approval number 20181204). Further details on procedures and instrumentation are given in the Supporting Information.

## Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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## Conflict of Interest

The authors declare no conflict of interest.

## Data Availability Statement

Research data are not shared.

## Keywords

anti-inflammation, inflammatory bowel disease, Mn<sub>3</sub>O<sub>4</sub>, nanozyme, reactive oxygen species

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